

# Three Therapy Modalities in one Wellness Device

## by Pratika Kshemya

### Benefits of Pulsed Magnetic and IRTherapy

#### 1. Low frequency Pulsed Magnetic Therapy

The PyraLight produces safe, pulsed magnetic fields that are of lower frequency, and complementary to the chemistry and magnetic functions of the body. All matter on Earth including the human body is intrinsically linked with these fields over millions of years of evolution through the magnetic fields of the planet.

A pulsed magnetic field penetrates through the body, and creates a cascade of effects at the entire cellular level. This cascade stimulates a vast array of supportive chemical and electric actions in the tissues, helping them to rebalance, restore or heal themselves wherever that is necessary. Magnetic fields also increase the flow of ions and electrolytes in the tissues and fluids. They also increase the production of vital cellular energy, known as ATP, essential for healthy cell metabolism. Low levels of ATP can cause cells to be sick, and decreases their ability to heal, remove toxins or regenerate.

Magnetic fields protect against cell injury by improving circulation and increasing special stress proteins in the cells. These proteins prevent cell breakdown and wear and tear, as well as help speed recovery from injury. Balanced magnetic fields heal long before any problems are diagnosed or become obvious, maintaining overall healthy tissue free from stress or injury.

We all know that the body ages over time. Maintaining the function of every individual cell at an optimal level every day is an important part of slowing aging.

Disruption of this energy causes impaired cell metabolism, and if our cells are not healthy, our body is not healthy, in whole or in part. Cellular “injury” over time can lead to disease conditions.

Disruptive man made electromagnetic fields of varying frequencies damage our bodies at the cellular level through electromagnetic components in power lines, power outlets, microwave ovens, cell phones, computers, tablets etc all of which cause damage right down to our DNA.

To maintain, heal and keep the entire body at optimum cellular wellness sessions on the PyraLight can be as short as 30 minutes/day. Sessions can be while you sleep, sitting at a desk, or relaxing in a chair.

Benefits of the induced magnetic therapy may include – reduce muscle tension, muscle and joint pain, improve immune system, reduce blood pressure, eliminate insomnia, structuring water, detoxifying, **effective for non-united bone fractures, migraine headaches, low back pain, depression, wound healing, improvement in blood flow and nerve regeneration.**

## **2. Benefits of Low level Infrared Light Therapy..**

Deeply penetrating therapeutic infrared light has been used for decades to heal and help in recovery of damage to bones, tissues, tendons, muscles and organs. It will assist the body to heal if you have an injury or wound.

This is especially beneficial to those who have tired muscles, sprains, breaks, bruising, recent surgery, back, joint or long-term pain or sporting injuries. Infrared Light is also an excellent overall 'body tonic' promoting a healthier cellular environment for wellbeing and vitality.

The Infrared technology is complementary to the pulsed Magnetic Therapy, adding another layer to overall body wellness healing, without you having to purchase a separate device.

The six LED infrared lights in the PyraLight pad are superpulsed simultaneously at three biologically frequencies:

- 2Hz (delta for deep relaxation, serotonin production)
- 8Hz (Schumann for harmonising with Earth's base resonant frequency)
- 40Hz (Gamma, the frequency generated in the brain when both hemispheres are balanced)

## **3. Benefits of the three PyraLight healing frequencies.**

### *Delta frequency 2Hz*

Delta is deemed "the most relaxing brainwave". It suppresses the production of cortisol, a hormone generated when a person is stressed. Another benefit is the production of 2 anti-aging hormones: DHEA and Melatonin. People who have high levels of compassion and empathy generally have more Delta brainwaves.

### *Schumann frequency 8Hz*

Exposing living cells to the Schumann Resonance protects them from ambient EMFs, allowing the cells to increase their immune protection, and decrease the absorption of depression-inducing chemicals. In replicating the Earth's natural rhythm, we provide ourselves with a healthy tissue environment.

When 'tuning' into 7.83 Hz Schumann Frequency we get back to a state of resonant attunement with the planet's own natural magnetic frequency and experience the soothing benefits of our natural world, the benefits of which can be enhanced rejuvenation, overall well-being, balance, and grounding. Other benefits include ESP activation, preventing jetlag, improved stress tolerance and improved sleep patterns.

### *Gamma frequency 40Hz*

The gamma state is one of integration, peace, and spiritual awareness. When someone is in the flow, both halves of the brain work in harmony, and a pulse of 40Hz sweeps from the back to the front of the brain. MIT did a study showing that 40Hz light reduced amyloid plaque in the brain of mice with Alzheimer's.

***Summary*** – How extraordinary to have three complimentary Wellness modalities all within this one product – Magnetic Pulse, Deep Infrared healing and Frequency Healing.

The PyraLight is light weight, compact and so easy to use. Simply plug it in and place on your body and relax, all three modalities simultaneously begin their healing processes: in as little 30 minutes. It is safe to use as long as you feel comfortable. Use at night under your pillow for a deep rested sleep, while working at your desk, or relaxing.